

Guidance and Counseling Services

DIGEST

Vol. 12, No.4

Please forward this Digest to your colleagues.

November 2014

Our Vision: That all schools will have fully implemented Comprehensive Guidance and Counseling Programs that advance the academic, career, and personal/social development of all students.

Our Mission: To work collaboratively with counselor educators, the Missouri School Counselor Association, the Missouri Association for Career and Technical Education and other stakeholders to develop and provide resources and meaningful professional development that support professional school counselors and career services personnel in their efforts toward full implementation of their programs.

The Guidance and Counseling Services Staff:

Rene' Yoesel - 573-751-0857 Rene.Yoesel@dese.mo.gov

Tom Schlimpert - 573-751-6875 Tom.schlimpert@dese.mo.gov

Loree Curtman - 573-751-4383 Loree.Curtman@dese.mo.gov

Announcements

Resources and information provided in the Guidance Digest are for communication purposes only. Listing these resources and information does not constitute endorsement by either the Guidance and Counseling Services Section or the Department of Elementary and Secondary Education.

New Guidance Digest Distribution System

Currently, 920 people have registered through this new system! Please share this information with any interested parties. To continue receiving the Guidance Digest **you MUST subscribe** to the new Guidance Listserv at <http://lists.mo.gov/mailman/listinfo/guidancelistserv> Follow the online directions. If you have any questions or concerns please contact Rene' Yoesel at rene.yoesel@dese.mo.gov

To those of you who have already registered: Thank you! You will again receive this edition twice, once via this system and through the new system, as we continue to seek continued registrants.

DESE School Counselor Evaluation Instrument Update

Plans are being developed to present the new DESE sponsored counselor evaluation system at the Spring Guidance System of Support meetings that will be held during February and March. Details and locations will be announced when finalized. Counselors and administrators are encouraged to attend.

Successful Fall Conference

Congratulations to MSCA for another fantastic, informative and energizing fall conference! Such a great opportunity to network, learn and rekindle the passion. Missouri counselors continue to lead the way through this dynamic professional organization that is over 1600 members strong!

Your membership and involvement make the difference!

Youth With Disabilities Leadership Award

The Governor's Council on Disability will honor a youth with a disability that is demonstrating outstanding leadership, advocacy, and dedication to and for the disability community at large in Missouri. For more information and the nomination form, please visit.

<http://disability.mo.gov/gcd/youthleadershipaward.htm>

Missouri Youth Leadership Forum for Students with Disabilities

The four day Forum is a unique career leadership training program for individuals with disabilities ages 16-21 to cultivate leadership, citizenship and social skills. For more information:

<http://disability.mo.gov/gcd/ylf.htm> or 1-800-877-8249 or 573-751-2600.

Program Components

CURRICULUM

Updated Guidance Curriculum

The newly updated K-12 guidance and counseling GLEs and curriculum has been posted to the DESE

Guidance website: <http://dese.mo.gov/college-career-readiness/guidance-counseling/curriculum>

INDIVIDUAL STUDENT PLANNING

Breaking Traditions

The Breaking Traditions Awards recognize students who are pursuing non-traditional careers. Materials, including program overview, application and scholarship information have been updated and posted to the DESE Guidance and Counseling website. [Breaking Traditions 2015](#). Contact your [College and Career Consultants](#) for more information and support.

Missouri Connections

The new Personal Learning Plan which is located in the Portfolio is a viable equivalent to the Personal Plan of Study and outlines a comprehensive plan for career planning. Be sure to use Personal Learning Plan Checklist as well. For more information, contact Jackie Coleman at jcoleman@motrainer.com or 573-634-0043 or Tom Schlimpert at tom.schlimpert@dese.mo.gov or 573-751-6875.

Usage - During the Month of September, there were 81,137 visits to Missouri Connections! During those visits the average number of pages viewed was 28 during the 20:35 minute average length visit. The number of site hits during the 2013-14 school year increased by over 100,000 when compared to 2012-13.

The more we focus on Individual Student Planning and career development, the better Missouri Connection looks!

Missouri Gaming Association 2015 Project 21 Scholarships

The Missouri Gaming Association is pleased to announce the 2015 Project 21 Scholarship Program. The Project 21 Scholarship Program provides students an opportunity to disseminate their message by writing an article or creating a poster or video addressing the issue of underage gambling. Two (2) \$1,500.00 first prize scholarships and Four (4) \$1,000.00 second prize scholarships will be awarded. The article, poster or video entry, completed application and other required documentation as outlined in the application must be received by **MARCH 1, 2015**. For more information please contact info@missouricasinos.org or click on this link to download the application –

http://www.missouricasinos.org/tiny_mce/jscripts/tiny_mce/plugins/filemanager/files/2015_Project_21_Application.pdf

Missouri Department of Higher Education Newsletter

The Journey to College Monthly Reminder, is an electronic resource produced by the Missouri Department of Higher Education and is packed full of postsecondary tips directed toward Missouri's students and their parents. Subscribe to the Monthly Reminder at <http://dhe.mo.gov/ppc/reminders2.php>.

Sallie Mae Offers Scholarships

Did you know that November is National Scholarship Month? More than 3 million scholarships offering up to \$18 billion in free money are accessible with Scholarship Search by Sallie Mae. And not every scholarship is based on academic performance or financial need. There are thousands of scholarships offered no matter where your students' interests lie -- from music to community service, baking to martial arts, and much more.

Scholarship Search is just one of the many free tools in Sallie Mae's extensive suite of Plan for College resources designed to help students and their families plan and pay for college. This resource is also available to High School Counselors free of charge. You can obtain more information at www.SallieMae.com/ScholarshipSearch or by contacting Laura Steinbeck at Laura.Steinbeck@SallieMae.com.

Apprenticeships

Did you know that a carpenter apprentice in the Kansas City area starts their program with a total salary package, including benefits, of \$17-21/hour and that a master carpenter can earn over \$45/hour? Apprentices in the trade professions are a viable career option for many students, including those seeking professional careers in the trade industry. For information:

Kansas City and western Missouri: [Apprenticeship Programs - Western Missouri](#)

St. Louis and eastern Missouri: [Apprenticeship Programs - Eastern Missouri](#)

College Majors and Jobs

A good article entitled: "Where the jobs are: Hot prospects for college grads"

<http://www.usatoday.com/longform/money/2014/10/14/jobs-for-college-grads-by-metro/16046989/>

Career in Insurance

MyPath provides a website for student who might be interested in an insurance related career. <http://fw.to/wKxEEfc> is the link to an informative article and <http://www.insuremypath.org/> is the actual website.

RESPONSIVE SERVICES

Updated Resources

The newly updated Responsive Services materials created by the Guidance Writing Team are posted at [DESE Responsive Services](#) and include:

- Collaboration and Consultation Guide
- Referral Process Guide
- School Wide Crisis Planning Guide
- Small Group Counseling

Bullying Guidelines - Special Education

The U.S. Department of Education announces guidance on bullying of students with disabilities. [Federal Bullying Guidelines](#) Please see Administrative Memo CCR-14-015: <http://dese.mo.gov/administrative-memos>.

Questions regarding this guidance, as well as other issues relating to civil rights in Missouri schools can be directed to the U.S. Office for Civil Rights: <http://www2.ed.gov/about/offices/list/ocr/addresses.html>.

Staff Bullying Video

A 12 minute video entitled "Bullying, Harassment, & Civil Rights" has been created for school staff and administrators by the federal government that addresses the legal requirements for schools and staff.

<http://www.stopbullying.gov/videos/2014/02/civil-rights.html>

SYSTEM SUPPORT

Readiness and Emergency Management for Schools

The federal government provides comprehensive websites to help schools and organizations prepare for a wide array of emergencies from a comprehensive perspective, including mental health issues. The Readiness and Emergency Management for Schools (REMS) Technical Assistance Center provides information that will support your school administrators and leadership teams in developing effective plans which include the professional school counselor. Developing and implementing emergency plans are an administrative function. Counselors need to be informed, contribute and included.

- Readiness and Emergency Management for Schools Technical Assistance Center
<http://rem.s.ed.gov/>
- Guide for Developing High-Quality School Emergency Operations Plans: At a Glance
<http://rem.s.ed.gov/K12GuidefordevelHQSchool>

College and Career Consultants

Your regional College and Career Consultant is a valuable resource to support you and your guidance and counseling program. See [College and Career Consultants](#).

Conferences and Professional Development Opportunities

Building Bridges

March 2-3, 2015 Location TBD

Meet the professionals who say, "I Build."

April 14, 2015, is the date for this year's iBuild Showcase at Bartle Hall in Kansas City. The iBuild Showcase is an annual exposition to bring students together for an opportunity to connect with industry professionals (engineers, architects, construction management and skilled trades), to participate in hands-on activities, and to learn how important math, science and other academic skills are to the construction industry. The National Institute for Construction Excellence sponsors iBuild and other events such as Seniors Day, Educators' Day, Middle School Crayons to CAD Project/Competition, and the High School CAD/Design Competition. For more information about these events, visit their website, <http://nice-kc.com/> and their Facebook page, nice-kc.

MSCA Spring Conference

February 27, Location Lodge of the Four Seasons

Get ready for a dynamic, new professional development experience at the 2015 MSCA Take Ten Conference! This one-day conference will provide the professional school counselor opportunity to walk away with at least 10 principles, techniques or ideas that you can take back to your school or office.

Interesting Insights

It's What Counselors Do!

Love and Logic references studies that estimate that between 70% and 90% of what we communicate we do without words through subtle nonverbal gestures. Research also reveals that children are experts at decoding those nonverbal cues. When delivering empathetic responses, the delivery is as important as your actual words! Avoid Sarcasm at all costs!

Love and Logic provides excellent information for teachers and parents, including an interesting list of nine things we can get rid of to begin *eliminating entitlement in our children*. See their material for more detail.

1. Guilt	4. Making our day-week-month, <i>our world</i> about our kids	7. Fixing their problems
2. Overspending	5. The desire to make our children happy (all the time)	8. Stuff (too much)
3. Birthday Party Goody Bags	6. Made Up Awards	9. Unrealistic Expectations

Paraprosdokians

Winston Churchill loved these figures of speech in which the latter part of a sentence or phrase is surprising or unexpected, frequently humorous. You may have heard or experienced a few of these while counseling. Enjoy!

1. Where there's a will, I want to be in it.
2. The last thing I want to do is hurt you. But it's still on my list.
3. Since light travels faster than sound, some people appear bright until you hear them speak.
4. If I agreed with you, we'd both be wrong.
5. We never really grow up, we only learn how to act in public.
6. War does not determine who is right - only who is left.
7. I didn't say it was your fault, I said I was blaming you.
8. To be sure of hitting the target, shoot first and call whatever you hit the target.

It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator–Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email civilrights@dese.mo.gov.